

ZAMBEZI AREA NEWSLETTER

**RELIGIOUS OF THE SACRED
HEART OF MARY @175**

MARCH/APRIL 2024



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The Institute Leadership Council from left to right: Sr. Ana Luisa, Sr. Pare, Sr. Margaret and Sr. Sipiwe.

In the months of March and April, the Zambezi Area received Institute Leadership Council. The council was visiting all communities and apostolates of the Religious of the Sacred Heart of Mary in the Area. They were received with happiness and open arms. The sisters, staff and collaborators were so grateful for the presence of the ILC in the Area.



The ILC with the Bishop of Monze Diocese, Bishop Raphael Mweempwa.



The ILC with the prenovices in the Chinhoyi community.



The Chinhoyi community together with the ILC.

The Institute Leadership Council visited the Chinhoyi community in Zimbabwe and spent time in the community as well as at the clinic. They were received with open arms and smiles by the staff and the clients. They were present on a Wednesday which is vaccination day. They interacted with the staff and the mothers.



The ILC with the candidates in Chinhoyi.



The Sisters being received at the clinic.



They were welcomed with songs and jubilation. The kids gave them flowers



Sr Beatrice (far right) who is the matron at the clinic, introduced the ILC to the people.



The Sisters giving presents to children at the clinic.



The Sisters at the clinic with the ILC



With the Bishop of Mutare , Paul Horan.



With the Headteacher at Sacred Heart of Jesus School, where Sr. Joyce teaches.



Mutare community



Harare community



The ILC with the Novitiate formation team



The Novitiate community.



The first year novices, from left; Belinda, Flavia, Esther, Luyando, Jacinta and Obrity.



The ILC visited St. Christopher Skills Training Centre. The five girls in white coats are students at this centre. They are former students of st Mulumba.



Choma community



Choma community is responsible for the management of St. Mulumba and St. Christopher



The Sisters visiting St. Mulumba Special School in Choma. The school is among those who have actively embraced the new logo as shown.



St. Mulumba Special School Choma



The Hospice Alternative Care that runs a nutrition programme and helps vulnerable children with their school work,



The ILC at St. Mulumba Special School with the Deputy Headteacher Ms Christine Haabuse.



The ILC with the Chivuna Community.



This is the farm project in Chivuna. The purpose of the project is to help women with food security. Mainly widows and single mothers.



Some of the pigs that the women are keeping have already furrowed.

CHIVUNA WOMEN EMPOWERMENT AND FOOD SECURITY PROJECT

Article by Sr. Naomi Muulu RSHM, Chivuna Community.

We have accomplished several significant milestones such as:

Infrastructure development

- ◆ Storeroom
- ◆ Piggery which can accommodate 200 pigs
- ◆ Goat shelter for 28 goats and very soon we will have kids

Water

- ◆ We also have a solar powered well pump and tank which facilitate for easy access of water 24/7. We have installed a network of drip pipes to easily and conservatively water the garden.

Crop cultivation

- ◆ We have successfully planted a variety of organic vegetables including tomatoes, greens and green beans as well as water melon, mangos and lemons.

While developing our own farm, we have helped 15 local women to rear pigs and goats at their own homes. The animals are thriving and some pigs have already farrowed 4, 6 and 8 piglets so far.

We are working on installing a new gate and solar lighting for security reasons.

Your donations towards the project will be appreciated.





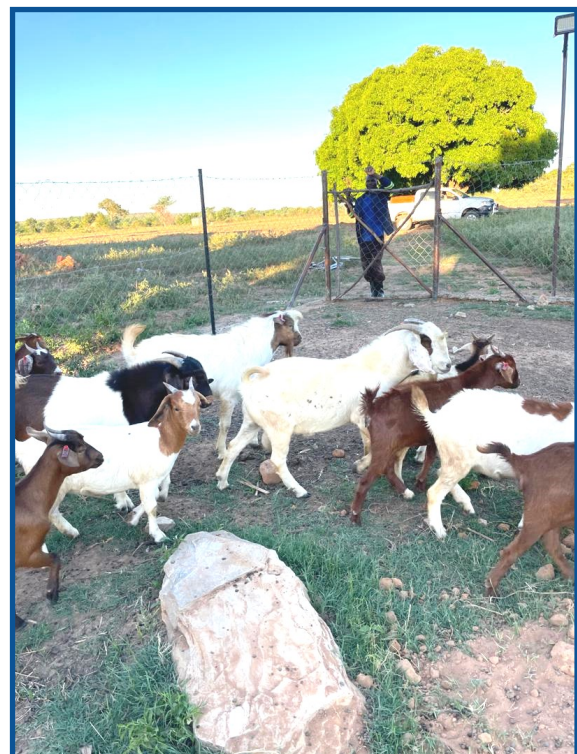
The cultivated fields with vegetables and fruits.



The tank in the background collects water from the solar pump, to be used to irrigate the crops.



Sr. Naomi admiring the crops in the field.



Some of the goats in the project.



The farm now has access to tap water



The goats grazing



A storeroom at the farm.



The piggery for the farm

EASTER IN CHIVUNA

Mercy Chinjila, a 2nd year pre-novice writes:

This year's Easter in Chivuna was special. There was great joy and happiness as we celebrated the Triduum with the whole school community, our Institute Leadership Council and Fr Dhana SJ who came from Chikuni to be the celebrant. The scripture readings, particularly of Holy Thursday, challenged us to be humble and to serve each other. Sr Margaret and her Council helped us to see that this is possible by the way they interacted with us. They washed the plates and dishes and helped us preparing meals, even though they were visitors. Their visit brought us great joy and helped us to feel part of the whole Institute. Their visit concluded with a barbeque, music and dance on Easter Sunday evening, a wonderful expression of internationality with dances from Brazil, Germany, India, Ireland, Portugal and Zambia.

A week later we welcomed Alzira, Lucia and Rosa, second year prenovices from Mozambique who have come to learn English. Vocation Sunday was marked by a visit to Nabukuyu outstation in the morning and to Nkonkola High school in the afternoon, sharing our gratitude for our vocations and encouraging others to follow.

On Earth Day we prayed in thanksgiving for our mother earth, cherishing the richness of creation and reminding ourselves of our need to care for it.



The prenovices in Chivuna.



The prenovices with some aspirants in Chivuna.

Article by Alzira.

On April 21st of 2024, the sisters and the prenovices went to Nkonkola High School for vocation promotion. When I arrived at the place, I was very happy to see so many girls. We interacted with the girls and shared about our congregation; our charism, mission, and where the Sisters of the Sacred Heart of Mary are found. The girls were happy to talk to us and various questions arose and they tried to find out more about the congregation. One of the prenovices shared her vocation story about how she came to feel God's call and who she turned to. The girls really enjoyed our presence and would like us to come back more often.

Alzira, together with 2 others are prenovices from Mozambique learning English in Chivuna, Zambia.





On the 6th of April, the Zambezi Area had the blessing of having one more perpetually professed sister.

Sr. Aelita Otavia da Silva from the Choma Community made her final vows which were received by Sr. Margaret Fielding at Mukasa. Sisters from the Area were present to participate in this joyous moment.

The Area was grateful for the presence of our sisters from the Mozambican Area; Srs Vale-ria, Pascoa, Iranete and Luiza.











Many congratulations to Srs Joanita and Isaura on their final profession. Sisters Coltrida, Rosemary, Magret and Asmina from the Zambezi Area attended this beautiful and significant occasion.



New Social Media Campaign Celebrating 175 Years

The Institute Communications Office is running a social media campaign to celebrate the Institute's 175th anniversary! The project is entitled, "175 years | 175 faces".

The concept is that every two days, from February 24, 2024, to February 24, 2025, the face of an RSHM, collaborator, young person, friend, Extended Family, or ministry will be published, along with copy that reflects in his or her own words: - A dream | wish for the Institute (20 words); - Identify a significant moment in the Institute's history (10 words); - A word that identifies the Institute (1 word). This is a great way to engage our existing audiences on social media and offers the opportunity to reach new audiences.

Sisters in the Zambezi Area can send their photos and reflections to prevgunyere@gmail.com or on WhatsApp by the 10th of March 2024.

175 Years, 175 Faces



“I desire unity in diversity, so that all may have life.”

Sister Coltridah Mooya
RSHM Zambezi Area
Leader



175 Years, 175 Faces




“Trusting in God's abundant love we will hold fast to our faith vision:
“That all may have life and have it to the full.”
(Jn 10:10)

Sister Deborah Jamali
Chivuna Community
Zambia




175 Years, 175 Faces



“We are standing on the shoulders of those who came before us and we look forward to the future in hope. Unity... unity... all.”

Sr. Previladge Gunyere
Mutare Community
Zambezi Area



175 Anos, 175 Rostos



“Desejo que sejamos mulheres alegres, prontas para a missão e que continuemos a viver no espírito de Jean Gailhac, acendendo o amor em todos corações para que Deus seja conhecido e amado.”

Ir. Asmina Carlos Macuinja
Chinhoyi Community
Zimbabwe, Zambezi Area



Some of the posts on the institute Facebook page

RELIGIOUS OF THE SACRED HEART OF MARY ZAMBEZI AREA

#Chinhoyi #Chivuna #Choma #Harare #Lusaka #Mutare



**So that all may have
life Jn 10:10**

Upcoming birthdays

Plynet Tachekwa 28/04

Rosemary Mwagarezano 29/04

Message from Fr Gailhac

There is still a necessary condition to possess true love: seeing God in all things. (GS/9/ XI/80/ A. Vol. II, p. 212.)

“Há ainda uma condição necessária para possuir o verdadeiro amor: ver a Deus em todos os acontecimentos.” (GS/9/ XI/80/A. Vol. II, p. 212.)